

Table 11-1: The Instructional Schedule at R. H. Dana Elementary School

Kindergarten		First Grade		Second and Third Grades		Fourth and Fifth Grades	
7:45	Whole-class decoding and comprehension and differentiated workshop	7:45	Whole-class decoding and comprehension and differentiated workshop	7:45	Spelling, vocabulary, and decoding	7:45	Spelling, vocabulary, and decoding
9:43	Recess	9:43	Recess	9:43	Recess	10:03	Recess
10:00	Writing and conventions	10:00	Social studies, science, read aloud, and shared reading with decoding and comprehension pullouts	10:00	Writing and conventions with decoding pullout	10:20	Math
11:00	Lunch						
11:20		11:20	Lunch	11:20	Lunch	12:00	Lunch
11:40							
12:00	Math	12:00	Math	12:00	Math		
12:50	Recess	12:50	Recess	12:50	Recess	12:40	Writing and conventions
13:10	Social studies and science, with decoding pullout	13:10	Writing and conventions, with decoding pullout	13:10	Social studies, science, read aloud, and shared reading	13:35	Social studies and science, with decoding pullout
14:05	ELD support	14:05	ELD support	14:05	ELD support	14:05	ELD support

**Middle School (Grades 6/7/8 1.5LA, 1.5M, 1SS, 1SC)**

	6th	7th	8th	LA 6	LA 6	MA 6	MA 6	LA 7	LA 7	MA 7	MA 7	LA 8	LA 8	MA 8	MA 8	SSA	SSB	SSC	SSD	SCA	SCB	SCC	SCD	ENC.
	Period 1 42	Period 1 42	Period 1 42	LA 6-1	LA 6-1	Math 6-1	Math 6-1	Plan	Plan	Plan	Plan	LA 8-1	LA 8-1	Math 8-1	Math 8-1	SS 6-5	SS 6-6	SS 8-0	SS 8-6	SC 6-7	SC 6-8	SC 8-7	SC 8-8	7th
	Period 2 50	Period 2 50	Period 2 50	LA 6-2	LA 6-2	Math 6-2	Math 6-2	Plan	Plan	Plan	Plan	LA 8-2	LA 8-2	Math 8-2	Math 8-2	SS 6-7	SS 6-8	SS 8-7	SS 8-8	SC 6-5	SC 6-6	SC 8-5	SC 8-6	7th
	Period 3 42	Period 3 42	Period 3 42	LA 6-3	LA 6-3	Math 6-3	Math 6-3	Plan	Plan	Plan	Plan	LA 8-3	LA 8-3	Math 8-3	Math 8-3	SS 7-7	SS 7-8	SS 7-7	SS 7-8	SC 7-5	SC 7-6	SC 7-6	SC 7-6	E 8th 6-8; 8th 6-8
	Period 4 42	Period 4 42	Period 4 42	LA 6-4	LA 6-4	Math 6-4	Math 6-4	Plan	Plan	Plan	Plan	LA 8-4	LA 8-4	Math 8-4	Math 8-4	SS 7-7	SS 7-8	SS 7-7	SS 7-8	SC 7-5	SC 7-6	SC 7-6	SC 7-6	6th, 7th 5-8 Lunch 30
	Period 5 42	Period 5 42	Period 5 42	LA 6-5	LA 6-5	Math 6-5	Math 6-5	Plan	Plan	Plan	Plan	LA 8-5	LA 8-5	Math 8-5	Math 8-5	SS 7-5	SS 7-6	SS 8-1	SS 8-2	SC 7-7	SC 7-8	SC 7-8	SC 8-4	6th
	Lunch 30	Lunch 30	Lunch 30	LA 6-5	LA 6-5	Math 6-5	Math 6-5	Lunch 30	Lunch 30	Lunch 30	Lunch 30	LA 8-5	LA 8-5	Math 8-5	Math 8-5	SS 7-5	SS 7-6	SS 8-1	SS 8-2	SC 7-7	SC 7-8	SC 7-8	SC 8-4	6th
	Period 6 42	Period 6 42	Period 6 42	LA 6-6	LA 6-6	Math 6-6	Math 6-6	Plan	Plan	Plan	Plan	LA 8-6	LA 8-6	Math 8-6	Math 8-6	SS 7-7	SS 7-8	SS 8-3	SS 8-4	SC 7-7	SC 7-8	SC 8-4	SC 8-2	6th
	Period 7 42	Period 7 42	Period 7 42	LA 6-6	LA 6-6	Math 6-6	Math 6-6	Plan	Plan	Plan	Plan	LA 8-6	LA 8-6	Math 8-6	Math 8-6	SS 7-7	SS 7-8	SS 8-3	SS 8-4	SC 7-7	SC 7-8	SC 8-4	SC 8-2	6th
	Period 8 42	Period 8 42	Period 8 42	LA 6-6	LA 6-6	Math 6-6	Math 6-6	Plan	Plan	Plan	Plan	LA 8-6	LA 8-6	Math 8-6	Math 8-6	SS 7-7	SS 7-8	SS 8-3	SS 8-4	SC 7-7	SC 7-8	SC 8-4	SC 8-2	6th
	Period 8 42	Period 8 42	Period 8 42	LA 6-6	LA 6-6	Math 6-6	Math 6-6	Plan	Plan	Plan	Plan	LA 8-6	LA 8-6	Math 8-6	Math 8-6	SS 7-7	SS 7-8	SS 8-3	SS 8-4	SC 7-7	SC 7-8	SC 8-4	SC 8-2	6th
	Period 8 42	Period 8 42	Period 8 42	LA 6-6	LA 6-6	Math 6-6	Math 6-6	Plan	Plan	Plan	Plan	LA 8-6	LA 8-6	Math 8-6	Math 8-6	SS 7-7	SS 7-8	SS 8-3	SS 8-4	SC 7-7	SC 7-8	SC 8-4	SC 8-2	6th

**Version 6.0**

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Dismissal

2:20-3 L&L

1:20-2:20 Workshop & ELA RTI

12:50-1:15 Recess

12:25-12:50 Lunch

11:55-12:25 Math RTI

Snack

11:05-11:30 Lunch  
11:30-11:55 Recess

10:45-11:45 Math

10:00-10:45 Specials

9:50-10:50 Workshop & ELA RTI

9:05-9:50 Skills

2:30-3 Math RTI

2:05-3:05 Listen & Learn

1:30-2:30 Math

12:40-1:30 ELA Workshop & RTI

11:55-12:40 Specials

11:30-11:55 Lunch

11:05-11:30 Recess

10:05-11:05 Skills

9:05-10:05 Listen & Learn

2:15-2:15 ELA Modules

12:50-1:15 Lunch

12:10-12:50 Recess

11:10-12:10 ELA Workshop & RTI

10:35-11:10 Content  
10:30-11:00 Chorus

9:35-10:35 Math

9:05-9:35 Math RTI

2:05-3:05 Workshop & ELA RTI

12:55-2:05 Modules w/ Writing

12:20-12:50 Content

11:45-12:15 Lunch

11-11:45 Specials

10:30-11 Band /Chorus/ Recess

10-10:30 Math RTI

9:05-10:00 Math

Third-Grade Master Schedule for Instruction															
Monday			Tuesday			Wednesday			Thursday			Friday			
8:00-8:15	Teacher work day begins.														
8:15-8:40	Students arrive (breakfast, morning work, take-in procedures).														
8:40-8:50	Tardy bell, morning announcements, instructional day begins.														
SPECIALS	LIB	COM	GUI	MUS	PE	LIB	COM	GUI	PE	LIB	COM	GUI	ART	PE	
8:50-9:20	3D		3D	3F	3J	3F	3D		3D		3F	3D	3J	3F	
9:25-9:55	3D			3F			3F			3D			3J		
9:55-11:45	Language Arts-Social Studies														
11:45-12:15	Intervention-Enrichment														
12:20-1:15	Lunch-Recess														
1:15-2:15	Math														
2:15-3:00	Science														
3:00-3:10	Afternoon announcements-K- and 1st- grade car riders and loading buses;3:05 dismissal for 2nd-5th grades; buses depart at 3:10														
3:10-3:30	Instructional staff planning														

**Highland Elementary School  
Master Schedule**

<b>Kindergarten</b>	Reading/Writing 8:50 – 9:50 60 minutes	Specials 9:55 – 10:40 45 Minutes	Music, Art, P.E., Library, Writing 10:40 – 12:25 105 minutes	Intervention Team 10:20 – 11:00 50 minutes	Lunch/Recess 11:25 – 12:15 50 minutes	Intervention Team 11:25 – 12:25 60 minutes	Math 12:15 – 1:15 60 minutes	1:15 – 2:30 75 minutes	Science/Social Studies 2:30 – 3:00 30 minutes	
<b>First Grade</b>	Reading/Writing 8:50 – 11:25 155 minutes	Math 8:50 – 10:15 85 minutes	Writing 10:15 – 11:00 45 minutes	Specials 11:00 – 11:45 45 minutes	Music, Art, P.E., Library, Writing 11:00 – 11:45 45 minutes	Intervention Team 11:15 – 12:00 45 minutes	Lunch/Recess 12:00 – 12:50 50 minutes	Reading 12:40 – 2:30 110 minutes	Intervention Team 1:00 – 1:40 40 minutes	Science/Social Studies 2:30 – 3:00 30 minutes
<b>Second Grade</b>	Specials 8:55 – 9:40 45 minutes	Library, Writing 9:40 – 12:00 140 minutes	Reading/Writing 9:40 – 12:00 140 minutes	Intervention Team 11:15 – 12:00 45 minutes	Math 12:05 – 1:45 100 minutes	Intervention Team 12:45 – 1:45 60 minutes	Science/Social Studies 1:45 – 2:15 30 minutes	Specials 2:15 – 3:00 45 minutes	Library, Writing 2:15 – 3:00 45 minutes	
<b>Third Grade</b>	Math 8:50 – 10:30 100 minutes	Intervention Team 9:00 – 9:30 30 minutes	Science/Social Studies 10:30 – 11:00 30 minutes	Lunch/Recess 11:00 – 11:50 50 minutes	Specials 11:50 – 12:45 55 minutes	Music, Art, P.E., Library, Writing 12:05 – 1:45 100 minutes	Reading/Writing 12:45 – 3:00 135 minutes	Intervention Team 1:40 – 2:20 40 minutes	Science/Social Studies 2:10 – 3:00 50 minutes	
<b>Fourth Grade</b>	Reading/Writing 8:50 – 11:15 154 minutes	Intervention Team 9:40 – 10:20 40 minutes	Lunch/Recess 11:15 – 12:05 50 minutes	Math 12:05 – 1:45 100 minutes	Intervention Team 12:45 – 1:45 60 minutes	Science/Social Studies 1:45 – 2:15 30 minutes	Specials 2:15 – 3:00 45 minutes	Library, Writing 2:15 – 3:00 45 minutes	Science/Social Studies 2:10 – 3:00 50 minutes	
<b>Fifth Grade</b>	Math 8:50 – 10:30 100 minutes	Intervention Team 9:00 – 9:30 30 minutes	Science/Social Studies 10:30 – 11:00 30 minutes	Lunch/Recess 11:00 – 11:50 50 minutes	Specials 11:50 – 12:45 55 minutes	Music, Art, P.E., Library, Writing 12:05 – 1:45 100 minutes	Reading/Writing 12:45 – 3:00 135 minutes	Intervention Team 1:40 – 2:20 40 minutes	Science/Social Studies 2:10 – 3:00 50 minutes	

**SIMPLIFYING RESPONSE TO INTERVENTION**

Monday		Tuesday		Wednesday		Thursday		Friday	
8:00— 8:15	Calendar Time	8:00— 8:15	Calendar Time	8:00— 8:15	Calendar Time	8:00— 8:15	Calendar Time	8:00— 8:15	Calendar Time
8:15— 10:00	Language Arts	8:15— 10:00	Language Arts	8:15— 10:00	Language Arts	8:15— 10:00	Language Arts	8:15— 10:00	Language Arts
10:00— 10:20	Recess	10:00— 10:20	Recess	10:00— 10:20	Recess	10:00— 10:20	Recess	10:00— 10:20	Recess
10:20— 11:45	Mathematics	10:20— 11:45	Mathematics	10:20— 11:45	Mathematics	10:20— 11:45	Mathematics	10:20— 11:45	Mathematics
11:45— 12:30	Lunch/Recess	11:45— 12:30	Lunch/Recess	11:45— 12:30	Lunch/Recess	11:45— 12:30	Lunch/Recess	11:45— 12:30	Lunch/Recess
12:30— 1:15	Science	12:30— 1:30	Specials	12:30— 1:15	Science	12:30— 1:30	Specials	12:30— 1:15	Health
1:15— 2:15	Writers Workshop	1:30— 2:45	Social Studies	1:15— 2:15	Writers Workshop	1:30— 2:45	Social Studies	1:15— 2:15	Writers Workshop
2:15— 2:45	Flex Time		Flex Time	2:15— 2:45	Flex Time			2:15— 2:45	Flex Time
2:45	Dismissal	2:45	Dismissal	2:45	Dismissal	2:45	Dismissal	2:45	Dismissal

**Figure 6.2: Sample elementary schedule with intervention time.**

Figure 7.2: Jane Addams FLEX schedule.

*Source: Jane Addams Junior High School.*

Announcements	Shortened
Period 1	7:38-8:17
FLEX	8:20-8:50
Period 2	8:53-9:30
Period 3	9:33-10:10
Period 4	10:13-10:51
Period 5	10:54-11:32
Period 6	11:35-12:13
Period 7	12:16-12:54
Period 8	12:57-1:34
Period 9	1:37-2:15
Announcements	Shortened

# Example Class Schedule

Period	Grade 6	Grade 7	Grade 8
Homeroom	8:50 8:55 Homeroom	8:30 9:00 Homeroom	8:30 9:00 Homeroom
	8:57 9:37 INTERVENTION		
1	9:40 10:20 Core Class	9:02 10:22 Core Class-Block	9:02 10:22 Core Class-Block
2	10:22 11:02 Core Class	10:24 11:04 INTERVENTION	10:24 11:04 Elective
3	11:04 11:37 Lunch	11:06 11:46 INTERVENTION	11:06 11:46 Elective
4	11:39 12:19 Core Class	11:48 12:21 Lunch	11:48 12:28 INTERVENTION
5	12:21 1:01 Elective	12:23 1:03 Core Class	12:30 1:03 Lunch
6	1:03 1:43 Elective	1:05 1:45 Core Class	1:05 1:45 Core Class
7	1:45 2:25 Core Class	1:47 2:27 Elective	1:47 2:27 Core Class
8	2:25 3:09 Core Class	2:29 3:09 Elective	2:29 3:09 Core Class





IT'S ABOUT TIME

Time	Fourth-Grade Schedule	Adapted Schedule for Fourth Graders Receiving Interventions
9:00-9:30	Opening, cursive, journal, daily preparation, check mathematics review	* Fourth-grade special education mathematics pull-out (or Tier 2 intervention)
9:30-10:00	Shared reading, writing, grammar	
10:00-10:30		
10:30-11:00	Guided reading and independent literacy activities	* Fourth-grade special education reading pull-out (or Tier 2 intervention)
11:00-11:30		Guided reading for special education students in regular education classroom
11:30-12:00	Lunch	
12:00-12:30	Intervention and extension block	
12:30-1:00	Specials: library, physical education, computers, art	
1:00-1:30	Mathematics	
1:30-2:00		
2:00-2:15	Recess	
2:15-3:05	Science and social studies rotations	
3:05-3:15	Teacher read-aloud	

\* Special education resource students are pulled out from class during these times, but other fourth-grade students can also be pulled out of class during these blocks for Tier 2 interventions, speech, counseling, or other services. The biggest scheduling challenge is for students receiving more than two interventions. For example, a fourth-grade student who receives special education mathematics and reading and, in addition, has speech and counseling services, would go to speech therapy at 2:30 p.m. on Mondays and counseling at 2:30 p.m. on Tuesdays during social studies, but would then remain in class Wednesday through Friday for science, which is a protected block because it is tested at the end of the year in fourth grade.

# Sample "Enhancement Period" Schedule

Teacher	A Day	B Day	C Day	D Day	E Day	F Day
Math TA	Dept. PLC Meeting	ALG. 1 Int.	Advisory	ALG. 1 Int.	Math Team	Alg. 1 Int.
Math TB		AP Calc. Help	Advisory	Geom. Int.	AP Stats. Help	Geom. Int.
SS TA	Debate Team	Dept. PLC Meeting	Advisory	WH Int.	AP Psych. Help	WH Int.
SS TB	US H Int.		Advisory	US H Int.	US H Int.	Stu. Gov't
SC TA	AP Bio. Help	Phys. Sci. Int.	Advisory	Dept. PLC Meeting	Bio. Int.	Bio. Int.
SC TB	Botany Group	Chem. Int.	Advisory		AP Chem. Help	Chem. Int.
Eng. TA	Eng. 9 Int.	Creative Writing Group	Advisory	Eng. 9 Int.	Dept. PLC Meeting	Eng. 10 Int.
Eng. TB	Eng. 11 Int.	Eng. 12 Int.	Advisory	Eng. 11 Int.		AP Eng. Help
Band	Band	Jazz Band	Advisory	Band	Jazz Band	Dept. PLC Meeting
Choir	Girls CH	Concert Choir	Advisory	Girls CH	Choral	
SPED	Learning Support	Learning Support	Advisory	Learning Support	Learning Support	
CTE TA	LAB	Yearbook	Advisory	DECA	LAB	Dept. PLC Meeting
PE	Open Gym	Open Gym	Advisory	Open Gym	Open Gym	



- Bernice McNaughton H.S.**
- 5 classes for 60 minutes each day + lunch
  - Supplemental math and English class based on proficiency assessment
  - Math and science lunch labs
  - RED (Remediation/Enrichment Days) after common assessments
  - Directed learning for 30 minutes each day for study, homework completion, tutoring
  - Hired full-time guided study teacher
  - Grade 12 can carry lighter load if agree to tutor twice a week

- Whittier Union High School**
- Mondays - 6 period day with 48 minutes each period
  - Tuesday-Friday - Modified block of 3 classes for 100 minutes for first 5 weeks
  - – beginning sixth week, students passing all classes with C are released after 80 minutes for break, longer lunch, or early dismissal
  - – students not passing classes remain for intensive tutoring and small-group work

- Robert Frost/Jane Adams Junior**
- 9 period day, 40 minutes each, one period reserved for lunch
  - Students missing assignments are notified on Friday they will be assigned to Guided Study instead of lunch if work is not completed by Monday
  - Reteachapalooza at end of each unit.
  - Twice a week modify schedule to create 10th period or **flex time** for structured intervention in small group setting
  - Students struggling with literacy get an extra block (40 minutes) each day taught by reading intervention teachers with pre-teaching for next unit in core class.
  - Students struggling with math get a 60 minute math period (extra 20 minutes)

- Lakeridge Junior High**
- Moved from 7 period day to modified A/B block with FLEX time
  - Students enroll in four 80-minute periods.
  - 30 minutes carved out Tues-Friday for FLEX time.
  - Students failing, report to mandatory tutoring. All others provided enrichment options or free time.
  - Those with continuing academic difficulty can be assigned to a double period of language arts or math.
  - Intersession

- Cinco Ranch High School**
- 7 periods. Freshmen must enroll in one study hall to provide time for intervention. NHS provides tutoring.
  - Intensive study skills for designated incoming students
  - Target math study hall
  - Before and after school tutoring. Each teacher tutors twice a week as part of duty.
  - Progress reports or report cards every 3 weeks
  - On-line credit recovery as course, after-school or summer school option

R02 Sample Schedule: K-3

	Kindergarten	1st Grade	2nd Grade	3rd Grade
8:00 AM	Opening of Day	Opening of Day	Opening of Day	Opening of Day
8:15 AM	Reading Intervention	Reading Core	Reading Core	Reading Intervention
8:30 AM				
8:45 AM	Specials (art, music, PE)	Reading Intervention	Recess	Math Intervention
9:00 AM				
9:15 AM				
9:30 AM				
9:45 AM	Reading Core	Recess	Social Studies / Science	Social Studies / Science
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#####	Social Studies/ Science	Specials (art, music, PE)	Reading Intervention	Reading Core
#####				
12:00 PM	Lunch	Lunch	Lunch	Lunch
12:15 PM	Recess	Math Intervention	Math Intervention	Recess
12:30 PM	Math Core	Math Core	Specials (art, music, PE)	Math Core
12:45 PM				
1:00 PM				
1:15 PM				
1:30 PM				
1:45 PM				
2:00 PM	Recess	Reading Core	Snack / Story Time	Specials (art, music, PE)
2:15 PM	Math Intervention	Story Time		
2:30 PM	Dismissal time	Dismissal time	Dismissal time	Dismissal time
2:45 PM				
3:00 PM				

\*Social Studies and Science will be incorporated into the reading series.





